

Top 6 OSHA Required Safety Courses

We offer the training you need to ensure OSHA compliance.



First Aid, CPR, & AED



OSHA Regulation

CFR 1910.151 (b) "In the absence of an infirmary, clinic, or hospital in near proximity to the workplace which is used for the treatment of all injured employees, a person or persons shall be adequately trained to render first aid."

Course Content

- Learn to effectively recognize and treat emergencies prior to EMS arrival
- Learn how to administer first aid
- Become certified to perform CPR
- Learn proper use of an AED

Format

- Instructor Led (in person)
- Blended Learning



Bloodborne Pathogens



OSHA Regulation

CFR 1910.1030 (g)(2)(i) "Employers shall ensure that all employees with occupational exposure participate in a training program which must be provided at no cost to the employee."

CFR 1910.1030 (g)(2)(ii)(a) "At the time of initial assignment."

CFR 1910.1030 (g)(2)(ii)(b) "At least annually thereafter."

Course Content

- Learn correct handling of blood and other bodily fluids to reduce risk of infection
- Safe and effective BBP removal and clean-up techniques
- Review an effective exposure control plan

Format

- Instructor Led (in person)
- Online

Respiratory Safety



OSHA Regulation

CFR 1910.134 (k) "Requires employers to provide effective training to employees who are required to use respirators. The training must be comprehensive, understandable, and reoccur annually."

CFR 1910.134 (k)(3) "The employer shall provide the training prior to requiring the employee to use a respirator."

Must complete fit testing for certification

Course Content

- Correct selection, medical clearance, fitting, inspection and storage of respirators
- Proper use of a respirator – including qualitative and quantitative fit testing through an independent certification provider

Format

- Instructor Led (in person)
- Online

First Aid + Safety + PPE + Safety Training + Mobile Testing + Fire Protection

Top 6 OSHA Required Safety Courses

Forklift / Industrial Powered Truck Safety



OSHA Regulation

CFR 1910.178 (I)(1)(i) "The employer shall ensure that each powered industrial truck operator is competent to operate a powered industrial truck safely, as demonstrated by the successful completion of the training and evaluation specified in this paragraph."

CFR 1910.178 (I)(2)(iii) "Training shall consist of a combination of formal instruction (lecture, discussion, video, etc.), practical training (exercises performed by the trainee), and an evaluation of the operator's performance in the workplace."

CFR 1910.178 (I)(4)(iii) "An evaluation of each powered industrial truck operator's performance shall be conducted at least once every three years."

Course Content

- Learn the different types of lifts
- Pre-inspection and safe operation methods
- Hands-on practice and testing

Format

- Instructor Led (in person)
- Online

Fire Extinguisher Safety



OSHA Regulation

CFR 1910.157 (g)(1) "Where the employer has provided portable fire extinguishers for employee use in the workplace, the employer shall also provide an educational program to familiarize employees with the general principles of fire extinguisher use and the hazards involved with incipient stage firefighting."

CFR 1910.157 (g)(2) "The employer shall provide the education required in paragraph (g)(1) of this section upon initial employment and at least annually thereafter."

Course Content

- Learn to differentiate between various types of fire extinguishers and the type of fires they are effective against.
- Help teach your employees what to do with simulated fire extinguisher training

Format

- Instructor Led (in person)
- Online

Lockout Tagout



OSHA Regulation

CFR 1910.147 (3) "Requires employers to establish a program and utilize procedures for affixing appropriate lockout devices or tagout devices to energy isolating devices, and to otherwise disable machines or equipment to prevent unexpected energization, startup, or release of stored energy in order to prevent injury to employees."

When OSHA requires a written lockout/tagout program, a training program is also required.

CFR 1910.147 (7)(i) "The employer shall provide training to ensure that the purpose and function of the energy control program are understood by employees and that the knowledge and skills required for safe application, usage, and removal for energy controls are acquired by employees."

CFR 1910.147 (c)(7)(iii)(A) "Retraining shall be provided for all authorized and affected employees whenever there is a change in their job assignments, a change in machines, equipment or processes that present a new hazard, or when there is a change in the energy control procedures."

Course Content

- Learn LOTO definitions and common forms of energy sources
- Situations that require LOTO procedures, types of devices and their proper use
- Safe start up procedures and tips for special situations
- Training for authorized and affected employees

Format

- Instructor Led (in person)
- Online

We offer 190 training programs to help ensure OSHA compliance and the safety of your employees.

First Aid + Safety + PPE + Safety Training + Mobile Testing + Fire Protection

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