

SOLID H[®] Electrolyte Rounds

The most convenient electrolytes for use on the go.



POP A SOLID H[®] ROUND IN YOUR CHEEK AND EXPERIENCE INSTANT ELECTROLYTE ABSORPTION.

SOLID H[®] utilizes “intra-oral” absorption, which means the electrolytes absorb instantly through the lining of the mouth, directly to the bloodstream, delivering exponentially more electrolytes by completely bypassing the much slower GI tract.

SOLID H[®]

IMMEDIATE ABSORPTION
through the mouth



10X NUTRIENT DELIVERY
clinically proven most effective

NO MORE WASTE
bypass the gut to eliminate wasted product and time

NUTRIENT DENSITY TECHNOLOGY
patent pending technology allows Solid H to deliver more than any other supplement



no mixing



no chewing



no waiting



no digesting

SOLID H[®] provides hospital-grade electrolyte replenishment without the needle. Just like an IV bypasses the gut for instant electrolyte delivery – so does SOLID H[®], eliminating the diminished results and wait time of other products.



SOLID H[®] Electrolyte Rounds

Each 2 round packet contains:
Potassium 13 mg; Sodium 28 mg;
Dextrose 2 g

33364 Grape 24 (12x2/pkt)
33064 Lime 24 (12x2/pkt)



First Aid + Safety + PPE + Safety Training + Mobile Testing + Fire Protection

UFAS-SOLIDH_0324



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UniFirst +
FIRST AID + SAFETY